

SPRING MENU 2017

Locally sourced food

This has now been endorsed for the second year running by the Soil Association Food for Life - Bronze Catering Award who promote home produced, high quality, fresh food using local suppliers. We work very closely with our suppliers to ensure high standards, not only in food quality, but also safety and hygiene.

Photo shows Cowling CE pupils celebrating the launch of working towards the Food for Life school award with Herbie the Carrot. Pupils, staff and visitors enjoyed a delicious Roast Dinner using locally sourced, farm assured pork loin.







Special diets

If your child has a dietary need please put the request in writing to the headteacher who will then arrange a meeting with the catering team to discuss your child's needs.



SPECIAL PROMOTIONS

Look out for details from your school regarding Special Promotions this term

Chinese New Year in January featuring Chicken Sweet & Sour with Noodles, Yorkshire Pudding Day 1st February and World Book Day 7th March 2017.

COMPETITION TIME - NEW RECIPE!

If you have a tasty recipe which is popular with your family and suitable for serving in our schools and you would like to share it with us please email it to June Taylor (details below) by the end of February 2017. The best recipe will be cooked in your child's school and you will be invited to lunch.

Log on to our new web site:

www.myschoollunch.co.uk/northyorks

and learn more about our mascot Herbie the carrot, play some on line games or gain inspiration for recipes for some healthy family meals.



Contact us

June Taylor, Operations Manager - Catering County Hall, Northallerton, North Yorkshire, DL7 8AE. Tel: 01609 536889 Email: june.taylor@northyorks.gov.uk

If you would like this information in another language or format such as Braille, large print or audio, please ask us. Tel: 01609 780 780 Email: customer.services@northyorks.gov.uk



Sausage & Tomato Pasta

Broccoli & Sweetcorn

Herbie Bread

Chocolate & Pear Fudge Pudding

Custard

Fresh Fruit

Cottage Pie

Savoy Cabbage & Carrots

Sliced Wholemeal Bread

Fruit Muffin

Fresh Fruit

Chicken Korma

Green Beans & Cauliflower

Savoury Brown Rice

Naan Bread

Served w/c: 9th and 30th Jan. 27th Feb and 20th Mar

Served w/c 16th Jan, 6th Feb, 6th and 27th Mar

Very occasionally due to circumstances beyond our control it may be necessary to change the menu.

Jam Roly Poly & Custard Fresh Fruit **Mexican Beef Pot and Cornbread** Sweetcorn Medley Potato Wedges Chocolate Muesli Krispie

Battered Fish

Fresh Fruit

Tomato Sauce Peas & Carrots **Chipped Potatoes** Wholemeal Bread

Oaty Apple Crumble & Custard Fresh Fruit



vitamins

to ward off

infections

Pizza Margherita

Sweetcorn Peas **Diced Potatoes** Garlic Bread

Arctic Roll & Mandarins Fresh Fruit

Roast Chicken, Stuffing & Gravy

Medley of Vegetables Creamed Potatoes Pitta Bread

Coconut Rice Pudding & Pineapple Fresh Fruit



Mixed Salad Herbie Bread

Chocolate Surprise Cake Chocolate Sauce Fresh Fruit

Pork & Apple Plait & Gravy

Savoy Cabbage & Carrots Parsley Potatoes Sliced Wholemeal Bread

> Fruit Salad & Yoghurt Fresh Fruit

Breaded Salmon Fillet

Broccoli & Sweetcorn Potato Wedges Poppy Seed Bread

Sticky Date & Apple Bar and Custard Fresh Fruit



Broccoli Carrots Sunflower Seed Bread

> Grannies Crunch Fresh Fruit

Meat & Potato Pie, Gravy

Cauliflower & Cheese Sauce Green Beans Creamed Potatoes Crusty White Bread

Raspberry Bun & Apple Wedge Fresh Fruit

Roast Pork, Apple Sauce, Gravy

Broccoli & Sweetcorn **Roast Potatoes** Pitta Bread

Apricot Bar & Custard Fresh Fruit

Chicken in Tomato Sauce

Medley of Vegetables Brown Rice Garlic Bread

Treacle Sponge & Custard Fresh Fruit

Fish Fingers

Peas Roast Carrots Saute Potatoes Herbie Bread

Yoghurt & Abbey Biscuit Fresh Fruit







